

# Is it RSV, Covid, or the Flu?

SIGNS AND SYMPTOMS

|  | RSV         | Flu        | Covid-19  |
|--|-------------|------------|-----------|
| SYMPTOM ONSET:                                     | GRADUAL     | SUDDEN     | GRADUAL   |
| <b>Muscle and body aches</b>                       | Sometimes   | Common     | Sometimes |
| <b>Cough</b>                                       | Common      | Common     | Common    |
| <b>Diarrhea</b>                                    | Rare        | Sometimes* | Sometimes |
| <b>Fatigue</b>                                     | Sometimes   | Common     | Common    |
| <b>Fever</b>                                       | Sometimes   | Common     | Common    |
| <b>Loss of taste or smell</b>                      | Rare        | Rare       | Sometimes |
| <b>Shortness of breath or difficulty breathing</b> | Sometimes** | Rare       | Common    |
| <b>Runny or stuffy nose</b>                        | Common      | Common     | Common    |
| <b>Sneezing</b>                                    | Sometimes   | Sometimes  | Sometimes |
| <b>Sore throat</b>                                 | Sometimes   | Sometimes  | Common    |
| <b>Headache</b>                                    | Sometimes   | Common     | Common    |

**SOURCES:** Centers for Disease Control and Prevention, GoodRx, Kaiser Permanente

\* Diarrhea from flu is more common in children.

\*\* Shortness of breath from RSV is more common in infants and young children.