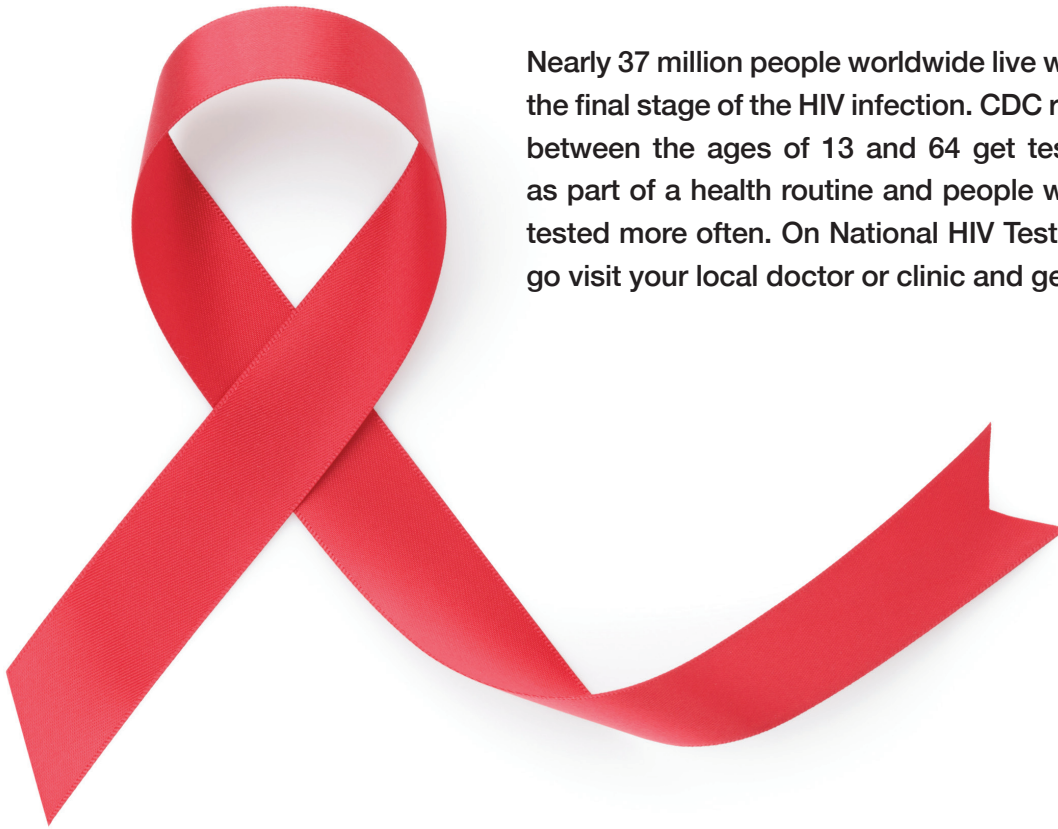


June 27th is National #HIVTestingDay #DoingItMyWay






Nearly 37 million people worldwide live with HIV or AIDS — which is the final stage of the HIV infection. CDC recommends that everyone between the ages of 13 and 64 get tested for HIV at least once as part of a health routine and people with certain risk factors get tested more often. On National HIV Testing Day, make it a point to go visit your local doctor or clinic and get tested.

The Facts

- ✓ More than 1 million people in the U.S. are living with HIV today
- ✓ 1 in 7 Americans infected with HIV don't know they have it
- ✓ HIV continues to disproportionately affect racial minorities and LGBTQ
- ✓ In 2016, nearly 40,000 Americans were diagnosed with HIV

Prevention

There is no cure or vaccine for HIV. Good news – there are steps to protect yourself:

-  **Get tested and know your partner's HIV status**
-  **Practice safe sex – always use a condom!**
-  **If you use a needle for medications like insulin, don't share your needle with anyone**

**To learn more about risks and preventative measures
or to find a testing site, visit CDC.gov/HIV**

WANT MORE HEALTH TIPS? VISIT OUR WEBSITE TO JOIN OUR MAILING LIST